

30-Day Reading Plan Checklist

This checklist is designed to help you follow along with the '150 Psalms for 150 Years' audio retreat. Each day includes five Psalms. Use the checkbox to track your progress throughout the 30-day journey.

Day	Psalms	Completed
1	Psalms 1–5	
2	Psalms 6–10	
3	Psalms 11–15	
4	Psalms 16–20	
5	Psalms 21–25	
6	Psalms 26–30	
7	Psalms 31–35	
8	Psalms 36–40	
9	Psalms 41–45	
10	Psalms 46–50	
11	Psalms 51–55	
12	Psalms 56–60	
13	Psalms 61–65	
14	Psalms 66–70	
15	Psalms 71–75	
16	Psalms 76–80	
17	Psalms 81–85	
18	Psalms 86–90	
19	Psalms 91–95	
20	Psalms 96–100	
21	Psalms 101–105	
22	Psalms 106–110	
23	Psalms 111–115	
24	Psalms 116–120	
25	Psalms 121–125	
26	Psalms 126–130	
27	Psalms 131–135	
28	Psalms 136–140	
29	Psalms 141–145	
30	Psalms 146–150	